



The CCAL office is located on the first floor of The Rowe House, 31 Maple Street, Oneonta

Office Hours: Tuesdays, Wednesdays and Thursdays, 12:30 to 4:30 p.m.

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***Our Website:***

**<http://ccaloneonta.org>**

**Mailing address:**

CCAL  
PO Box 546  
Oneonta, NY 13820

Phone: (607) 441-7370

## **THE ORGANIZATION**

The Center for Continuing Adult Learning, Inc. (CCAL) is a membership organization sponsored by the State University of New York at Oneonta and Hartwick College. CCAL is one of close to 300 Institutes for Learning in Retirement across the United States, all members of the Elderhostel Institute Network. All of our facilitators are volunteers as are the Board members and Committee members who are responsible for the operation of the organization. It takes many people, giving freely of their time, to execute the work necessary to have a well-run organization. If you have an interest in serving in one of the following areas, please get in touch with one of the officers of the Board or a Committee Chairperson.

### **2019 BOARD OF DIRECTORS**

President: Alice Cannistra (607.432.2287)  
Vice President: Bob Parmerter (607.638.9343)  
Secretary: Lilly Mathisen (607.353.5288)  
Treasurer: Paula Marino (607.264.3254)  
Asst. Treasurer: Jeffrey Hahn (607.433.2615)

### **2020 PROPOSED BOARD OF DIRECTORS**

President: Bob Parmerter  
Vice President: John Maier  
Secretary: Gerri Haan  
Treasurer: Paula Marino  
Asst. Treasurer: Sarah Patterson

## **2020 STANDING COMMITTEES**

### **Curriculum**

Co-Chairs: Joan Kollgaard (607.441.3283)  
Donna Behrendt (607.267.3338)

Maria Agliano  
Margaret Avritt  
Penny Bellinger  
Tina Chrislip  
Tom Heitz  
Marilyn Helterline  
Hugh MacDougall

### **Finance & Administration**

Chair: Olive Crews (803.348.9787)  
Paula Marino  
Bob Parmerter

### **Public Relations**

Chair: TBA  
Stan Maricle (website)  
Jane Miller  
Sue Smith (website)

### **Member Events**

Chair: Cathy LaFontaine (607.431.1125)  
Peggy Garramone  
Carol Goodrich  
Debra Osborn  
Judy Wilson

### **Nominating**

Chair:  
Shirley Ferguson  
Shirley Fioravanti  
Virginia Pudelka  
Debbie Roth

### **College Liaisons**

Hartwick College:  
SUNY Oneonta: Michelle Thibault

### **OFFICE STAFF (607.441.7370)**

Teri Weigl, Manager  
Arlana Young, Assistant

# *Welcome to stress-free learning ~ no tests, no pressure!*

As an affiliate of the Elderhostel Institute Network, CCAL has been offering courses to the community since January 1994 and is sponsored by SUNY Oneonta and Hartwick College.

## **CATALOG:**

We have two catalogs each year: the Winter/Spring catalog published in October and the Summer/Fall catalog published in March. Our Curriculum Committee has endeavored, successfully, to strike a balance between the humanities, the arts, sciences and social sciences, and also include activities both indoors and out-of-doors.

## **MEMBERSHIP:**

The membership fee for each **calendar year (January 1 to December 31)** is \$120 and you can join at any time.

**Please note that your membership must be paid in full before your name can be placed on a class roster.** As a full-time member you can enroll in as many classes as you like. We also have a partial membership: for \$60 you may take a maximum of four (4) courses during the calendar year. If, as the year progresses, you wish to take more classes, then you will need to pay the additional \$60 for a full membership. A membership enrollment form is in this catalog as well as on our website.

## **SCHOLARSHIPS:**

Scholarship funds to waive the membership fee are available for full or partial CCAL memberships. To apply, call the Office (607-441-7370) and request a Scholarship Application form. Complete the form and return it to CCAL Board of Directors, PO Box 546, Oneonta, NY 13820. The requests are acted upon at the next Board Meeting and you will be notified immediately.

## **COURSE REQUEST INFORMATION:**

All Course Requests must be made by mail, FAX, email, or in person in the Office. We cannot take Course Requests over the telephone.

All Course Request Forms will be held until the deadline dates: November 15 for Winter courses, January 15 for Spring courses, April 15 for Summer courses and July 15 for Fall courses, unless otherwise indicated. *When the deadline date is reached, then the class lists are created based on priority numbers, NOT by when the form is received.*

*It is very important that you put your courses on the Course Request Form in your personal priority order:*

- On the deadline date, all members who have signed up for courses will be placed on the class rosters according to priority number, NOT by when their form is received. When course maximum is reached, all remaining requests will go on a waiting list in the order of their priority number.
- Any requests received after the deadline date will be placed on the class roster/waiting list as class size permits, up to the beginning date of any course.
- We make every attempt possible to notify members of their course enrollment within two weeks of the deadline date for each session.

## **CHANGES:**

On occasion there are changes in the scheduling of our courses after the catalog has been printed. Participants will also be notified if courses are cancelled for unforeseen reasons.

Within 2 weeks prior to the first meeting date for each course, you will receive by email (or U.S. Mail if you don't have email capability) a list of the class participants. This list serves as a course reminder and includes information for possible car-pooling, indicates whether you have responded to your course enrollment letter and also reflects any changes to the date, time or location of where the course will be held. Please review class lists for these changes.

***If the Oneonta School District is closed due to weather, the CCAL Office will also be closed and any courses scheduled for that day will be cancelled.***

# **2020 EVENTS**

*(Dates and times may be subject to change.)*

## **Sunday, March 15**

Spring Meeting

1:00 – 4:00 pm

Morris Conference Center, SUNY Oneonta

## **Tuesday, May 19**

Facilitators' Luncheon

12 noon

Brooks' Roost

## **Sunday, October 25**

Annual Meeting

1:00 – 4:00 pm

Morris Conference Center, SUNY Oneonta

# **CCAL TRIPS**

CCAL generally offers 3-4 day trips to various locations of interest, including museums, opera and theater productions, special events and other sites. Emails and snail mails will be sent out after arrangements have been made. Suggestions for trips are always welcome.

Please contact Jean Seroka at [jjwilser3@yahoo.com](mailto:jjwilser3@yahoo.com) or 607-988-7007 if you would like to be added to or removed from the trip mailing list for receiving information about CCAL trips.

**The New York City Ballet Company at SPAC in Saratoga Springs, Thursday, July 16 at 2:00 pm.**  
More information will be available in the 2020 Summer/Fall catalog.

## TABLE OF CONTENTS

### WINTER 2020 COURSES (registration deadline: November 15, 2019)

Indoor Recreation ( <i>for Sept. 1, 2019 thru August 31, 2020</i> ) .....	1
An Afternoon at the Movies (Sil Martini) .....	1
Alaska’s National Parks and Monuments: Parts 1 and 2 (Daniel Palm) .....	1
Introducing Rockwell Kent – Once America’s Most Popular Artist (Robert Rightmire).....	2
The Extraordinary Life and Work of Miss Anne Morgan (Gail Baden) .....	2
Shakespeare: Hamlet from the Actor’s & Director’s Point of View (Edward Pixley) .....	3
The Foundations of Conflict Resolution (Tom Pullyblank).....	3
Otsego County Drug Treatment Court (Brian Burns) .....	4
Biofields: Why Fore Art Thou (Maryanne Kehoe) .....	4
The Battle of Midway – The Turning Point in the War in the Pacific (Darryl Zdenek) .....	5
Otsego Lake’s Grand Hotel – The Otesaga (Tom Heitz / Sharon Stuart) .....	5
Book Discussion of <i>Alice Paul: Claiming Power</i> (Marilyn Helterline).....	6
Fit is a Choice! (Kimberly Noorlander) .....	6
African-Americans on U.S. Postage Stamps (Dorothy Scott Fielder) .....	7
“Community Sings”- Wartime Morale and Patriotism in Cooperstown (Tom Heitz / Sharon Stuart) .....	7
<i>Godsend</i> , The Movie (Bill Pietraface).....	8
Hispanic Community, Social Networks, Rural Settlement & Language Maintenance (Maria Montoya) .....	8
Pink Smoke Over the Vatican & the Roman Catholic Women Priest Movement (Cynthia Walton-Leavitt) ...	9
It’s Not That I Hate Meat!! (Christina Chrislip) .....	9
The Northern Renaissance – Art, Politics and Economics (Edwin Sanborn) .....	10
The Brothers Clark of Cooperstown (Tom Heitz / Sharon Stuart).....	10
Beau Brummel – Fashion’s 19 <sup>th</sup> Century Icon (Tom Heitz / Sharon Stuart) .....	11
The Basic Economics of Health Care Reform (William O’Dea) .....	11
Volunteering in Kathmandu (Shirley Ferguson) .....	12
American Crossroads, 1960: Camelot and Crabgrass (Bill and Nancy Simons) .....	12
K-9s in Law Enforcement – New York State Police Troop C (NY State Trooper TBD).....	13

**SPRING 2020 COURSES** (registration deadline: January 15, 2020)

Indoor Recreation ( <i>for Sept. 1, 2019 thru August 31,2020</i> ) .....	15
Teaching Chinese Authentic Cooking (Nancy Chiang) .....	15
An Updated History of the Bassett Healthcare Network (John S. Davis, M.D.) .....	16
FDR’s Second Term (Harry Pence) .....	16
Day Tripping IV (Alice Cannistra, Joan Kollgaard, Judy Tator) .....	17
Poverty and the Impact of Economic Inequality in Otsego and Delaware Counties (Jeri Wachter) .....	17
“Heavens to Betsey” – The Betsey Stockton Story (Tom Heitz / Sharon Stuart) .....	18
So You Think You CAN’T Sing??? (George Lesh and Maria Agliano) .....	18
Tales to Tell: Confronting the Unexpected – Gusto and Close Calls (P. Jay Fleisher) .....	19
Great Studies in Psychology Since I Retired (Steven Gilbert) .....	19
Contemporary Topics in Fiction (Mary Miller) .....	20
A Tour of the Oneonta Job Corps – Encore (Chris Kuhn) .....	20
The Norse in Greenland and Vinland in the U.S. (Hugh MacDougall) .....	21
Hope for a South American Country: Columbia (Celia Reed and Donna Behrendt) .....	21
The Silk Road – Old and New (Edwin Sanborn) .....	22
When People Don’t Speak the Same Language (Denise Dailey) .....	22
Building Bridges in Cuba (Shirley Ferguson) .....	23
Sitka: Tlingit, Russian Orthodox and American Protestants (Cynthia Walton-Leavitt) .....	23
Paris . . . More Than the Eiffel Tower, Chapter 9: You Asked For It, Vol 2 (Bill Ryall) .....	24
<i>The Golden Girls</i> (Marjorie Pietraface) .....	24
Our Aviation History, Part 2 (Bob Parmerter) .....	25
Advanced Class for Silk Scarves (Elaine Downing) .....	25
Facilitator Biographies .....	27
How to Give a CCAL Course .....	31
Course Proposal Form .....	33
Membership Form .....	35
Course Request Form .....	37



**REGISTRATION REQUESTS DUE NO LATER THAN November 15, 2019**

**Course Description:** The course is a four part series of narrated photo journeys of my visits to 10 of Alaska's National Parks and Monuments. A brief description of the origin of each park/monument will be provided followed by a narrated photo journey of each trip. Each series covers 2 or 3 national parks/monuments.

**Cost:** None                      **Minimum:** 10                      **Maximum:** 75

**COURSE:**                      **Introducing Rockwell Kent – Once America's Most Popular Artist**

**Date(s):** Monday, January 20

**Time:** 10:00 to 11:45 am

**Location:** Room 104, Morris Conference Center, SUNY

**Facilitator:** Robert Rightmire

**Course Objective:** 1. To introduce Rockwell Kent, once the most popular artist in America.  
2. To inspire students to read more about Kent and to view his art.

**Course Description:** Rockwell Kent, though best known as an artist and illustrator, pursued many careers throughout his life, including architect, carpenter, explorer, writer, dairy farmer, and political activist. He was born in Tarrytown, NY and lived in the Adirondacks at his family's farm, Asgard. This course will emphasize the role the artist played in American culture during the 1930's and 40's. Beginning in the 30's, he worked in support of the Russian War Relief organization, contributing art for posters, calendars, and greeting cards. Amidst widespread anti-communism in the U.S. in the 50's, his popularity plummeted to his becoming a virtual outcast.

**Cost:** None                      **Minimum:** 15                      **Maximum:** 40

**COURSE:**                      **The Extraordinary Life and Work of Miss Anne Morgan**

**Date(s):** Tuesday, January 21

**Time:** 10:00 am to noon

**Location:** Room 104, Morris Conference Center, SUNY

**Facilitator:** Gail Baden

**Course Objective:** To acquaint CCAL members with Anne Morgan, activist and philanthropist.

**Course Description:** As a follow-up to *The Women of the American Committee for Devastated France: 1916-1924* (CCAL course in Fall 2019), this class will focus on Anne Morgan, founder and leader of the ACDF. The youngest child of J. Pierpont Morgan, Anne was an activist, philanthropist and Gilded Age heiress. Through photos, film and personal writings this class will acquaint participants with this remarkable woman.

**Cost:** None                      **Minimum:** 10                      **Maximum:** 40



**REGISTRATION REQUESTS DUE NO LATER THAN November 15, 2019**

**COURSE:**                    **Shakespeare: *Hamlet* from the Actor’s and Director’s Point of View**

**Date(s):**                    Thursdays, January 23, 30 and February 6, 13

**Time:**                        2:00 to 4:00 pm

**Location:**                   Room 104, Morris Conference Center, SUNY

**Facilitator:**                Edward Pixley

**Course Objective:**        1. To look at this familiar play, considering ways that actors and directors confront its challenges and unearth its mysteries.  
2. To help participants grow comfortable using Shakespeare’s rich language.

**Course Description:**      Close reading of the text, involving oral participation. Attention to scansion and the varied patterns of verse and prose by which Shakespeare provides guides to actors. Attention to the varied choices available in the text, with video examples of alternate choices made in different productions. Participation is key to the success of this course.

**Cost:**                        Each participant should have a copy of *Hamlet*.        **Minimum: 10    Maximum: 20**

**COURSE:**                    **The Foundations of Conflict Resolution**

**Date(s):**                    Friday, January 24

**Time:**                        1:00 to 3:30 pm

**Location:**                   Multipurpose room, Oneonta YMCA, 20-26 Ford Ave.

**Facilitator:**                Tom Pullyblank

**Course Objective:**        1. To learn the root causes of conflict and some basic tools for how to manage and resolve it.  
2. To practice these tools and leave the room better able to use them in our daily lives.

**Course Description:**      Conflict is a part of life. Whether we try to avoid it or openly engage in it, we will never be able to fully eliminate it from our lives. Why do people come into conflict? How can we find our way out? This course will explore the nature of conflict in human relationships and offer some basic techniques for how to manage and resolve it.

**Cost:**                        None                            **Minimum: 10                    Maximum: 25**

**REGISTRATION REQUESTS DUE NO LATER THAN November 15, 2019**

**COURSE:** **Otsego County Drug Treatment Court**

**Date(s):** Monday and Wednesday, January 27 & 29

**Time:** 10:00 am to noon

**Location:** Craven Lounge, Morris Conference Center, SUNY

**Facilitator:** Brian Burns

**Course Objective:** The objective is to inform the public of the benefits of drug treatment over incarceration for nonviolent criminals.

**Course Description:** In two 2-hour sessions, the Treatment Court Judge will discuss the history of Treatment Courts and how they operate in the context of an opioid epidemic. He will also talk about advances in treatment based on science.

**Cost:** None **Minimum:** 5 **Maximum:** 75

**COURSE:** **Biofields: Why Fore Art Thou**

**Date(s):** Wednesday, January 29

**Time:** 1:00 to 3:00 pm

**Location:** Room 130, Morris Conference Center, SUNY

**Facilitator:** Maryanne Kehoe

**Course Objective:**

1. Experience the palpable human energy field
2. Discuss the energetic human being
3. Consider healing aspects of energy fields/biofield interactions

**Course Description:** Experiential learning experience. We will do activities designed to enhance our abilities to feel the human biofield. Our dialogue will be guided by the participants.

**Cost:** None **Minimum:** 6 **Maximum:** 15

**REGISTRATION REQUESTS DUE NO LATER THAN November 15, 2019**

**COURSE:**                   **The Battle of Midway – The Turning Point in the War in the Pacific**

**Date(s):**                   Mondays, February 3 and 10

**Time:**                      10:00 am to noon

**Location:**                 Room 104, Morris Conference Center, SUNY

**Facilitator:**              Darryl Zdenek

**Course Objective:**        To study the naval battle of Midway which took place between the Japanese and US in June 1942, just a half year after the attack on Pearl Harbor. What did Japanese Admiral Yamamoto hope to gain by deploying almost the entire Imperial fleet and how did American Admiral Chester Nimitz plan to stop him?

**Course Description:**      The Battle of Midway is considered to be the turning point of World War II in the Pacific and one of the greatest naval battles in history. By all normal measurements, the Japanese should have won an overwhelming victory with dire consequences for the United States. Things turned out very differently due to a combination of outstanding American leadership, bravery and luck.

**Cost:**                      None                           **Minimum:** 10                   **Maximum:** 40

**COURSE:**                   **Otsego Lake’s Grand Hotel – The Otesaga**

**Date(s):**                   Tuesday, February 4           **Snow Date:** Tuesday, February 11

**Time:**                      10:00 am to noon            Optional lunch and tour: 12:15 to 2:00 pm

**Location:**                 Otesaga Hotel, 60 Lake St., Cooperstown

**Facilitator:**              Tom Heitz / Sharon Stuart

**Course Objective:**        To trace the history of the Otesaga Hotel from its beginnings in 1908 to the present.

**Course Description:**      This course will outline the hotel’s connections with the Clark family and its operations as a grand summer resort hotel until WWI and the prohibition-era. Also discussed will be the hotel’s off-season use as the Knox School for Girls (1919 to 1954) and as a host-site for “Community Sings” before and during the WWII era and the dawn of the nuclear age. In later years (1950s to 1970s), AT&T conducted training programs and research work on the hotel premises in the off-season.  
This course will be taught at the Otesaga Hotel and illustrated with photography covering its construction and operations as a hotel, educational institution and community gathering place in more than a century of operation (1909 to date).

**Cost:**                      Optional \$18 luncheon/ tour of Otesaga Hotel.   **Minimum:** 35               **Maximum:** 50

**REGISTRATION REQUESTS DUE NO LATER THAN November 15, 2019**

**COURSE:** **Book Discussion – *Alice Paul: Claiming Power***

**Dates and Times:** Wednesday, February 5 10:00 to 11:00 am Craven Lounge  
Wednesday, February 12, 19, 26 10:00 am to noon Room 130

**Location:** Morris Conference Center, SUNY

**Facilitator:** Marilyn Helterline

**Course Objective:** The course objective is to read and discuss *Alice Paul: Claiming Power* by J. D. Zahniser and Amelia R. Fry

**Course Description:** The course will be a discussion of J. D. Zahniser and Amelia Fry’s *Alice Paul: Claiming Power*. Most of us know more about the early years of the Women’s Suffrage Movement than the last decade of the Movement that gained women the vote in 1920. In 1912 Alice Paul brought her experiences in the militant English Suffrage movement to the stagnant Suffrage Movement in the U.S. This final decade is the most dramatic period in the Suffrage Movement with divisions within the Movement, militant tactics and arrests, and Paul as the leader at the center of the drama. Zahniser and Fry place these efforts within the context of changing women’s roles, class and racial divisions of the time, and the politics of the early twentieth century.

**Cost:** Cost of the book, *Alice Paul: Claiming Power* **Minimum:** 8 **Maximum:** 25

**COURSE:** **Fit is a Choice!**

**Date(s):** Wednesday, February 5

**Time:** 1:00 to 3:00 pm

**Location:** Multipurpose room, Oneonta YMCA, 20-26 Ford Ave.

**Facilitator:** Kimberly Noorlander

**Course Objective:** Participants will gain knowledge of the health benefits of staying fit.

**Course Description:** This course will demonstrate the correlation between mind and body when maintaining a healthy lifestyle. Being “healthy” IS different for each individual no matter one’s age or ability. Opportunities for healthy living are all around us every day – we just need to recognize them!

**Cost:** None **Minimum:** 5 **Maximum:** 40

**REGISTRATION REQUESTS DUE NO LATER THAN November 15, 2019**

**COURSE:** **African-Americans on U.S. Postage Stamps**

**Date(s):** Friday, February 14

**Time:** 1:00 to 3:00 pm

**Location:** Room 104, Morris Conference Center, SUNY

**Facilitator:** Dorothy Scott Fielder

**Course Objective:** February is Black History Month, an excellent time to learn about the African-Americans honored on U.S. postage stamps and the great variety of their talents and contributions.

**Course Description:** This is an updated version of a course I offered several years ago. I will use photographs of stamps in my stamp collection to illustrate these African-Americans on U.S. postage stamps. African-Americans excelled in music, education, sports, activism, art, poetry, medicine and many other fields.

**Cost:** None                      **Minimum:** 5                      **Maximum:** 40

**COURSE:** **“Community Sings” – Wartime Morale and Patriotism in Cooperstown**

**Date(s):** Tuesday, February 18                      **Snow date:** Tuesday, February 25

**Time:** 10:00 am to noon    Optional Lunch 12:15 to 2 pm

**Location:** Otesaga Hotel, 60 Lake St., Cooperstown

**Facilitator:** Tom Heitz / Sharon Stuart

**Course Objective:** To review the history of Cooperstown’s “Community Sings” (1938 to 1954).

**Course Description:** The “Community Sings” were large public gatherings of area residents on the grounds of the Otesaga Hotel and also at Lakefront Park in Cooperstown. Backed by Clark family philanthropy, hundreds of area residents and visitors gathered on summer Sunday afternoons to hear speeches by impassioned orators and noted journalists and to enjoy brass bands and orchestral music. Celebrity instrumental and vocal soloists such as William Warfield appeared regularly. The audiences participated in singing of familiar folk and patriotic songs. During WWII, the “Community Sings” played an important role in support of homeland morale as the desperate years of WWII unfolded. The “Community Sings” continued into the early 1950s during the Korean War amid the paranoia of nuclear bombs. Tragically, the “Community Sings” came to an unexpected and costly end in 1954. This course will be taught at the Otesaga Hotel, site of many of the “Community Sings.” The lecture will be illustrated with period photography and music. An optional luncheon at the Otesaga Hotel will follow the morning lecture

**Cost:** Optional \$18 luncheon at the Otesaga Hotel.    **Minimum:** 35    **Maximum:** 50

**REGISTRATION REQUESTS DUE NO LATER THAN November 15, 2019**

**COURSE:**                    ***GODSEND***

**Date(s):**                    Wednesday, February 19

**Time:**                      1:00 to 4:00 pm

**Location:**                Room 130, Morris Conference Center, SUNY

**Facilitator:**              Bill Pietraface

**Course Objective:**      1. To view the film *Godsend*.  
2. To raise fundamental questions about the film's content and premise.

**Course Description:**    Critical review of the film titled *Godsend* emphasizing the ethical, legal, social and moral implications of the film's content and premise.  
Synopsis: Following the death of their 8 year-old son, Adam, his devastated parents are desperate to do anything to bring back their beloved only child. Befriended by a doctor on the forefront of genetic research, they are offered a chance to clone their son.

**Cost:**                      None                            **Minimum:** 10                    **Maximum:** 40

**COURSE:**                    **Hispanic Community, Social Networks, Rural Settlement and Language Maintenance**

**Date(s):**                    Thursday, February 20

**Time:**                      1:00 to 3:00 pm

**Location:**                Room 104, Morris Conference Center, SUNY

**Facilitator:**              Maria Cristina Montoya

**Course Objective:**      1. Disclose the settlement of a community that often is invisible for the majority of Oneonta residents.  
2. Explore community service opportunities to mutually benefit Hispanic and mainstream communities in Oneonta.  
3. Aim for integration of diverse ethnic groups residing in Oneonta.

**Course Description:**    This study explores the Hispanic immigrants' experience in one small community of rural upstate New York. These experiences are examined in a holistic theoretical framework that takes the process of immigration from initial settlement to adaptation, and then to permanent settlement. Through this process, heritage language maintenance is observed in rural settings.

**Cost:**                      None                            **Minimum:** 10                    **Maximum:** 40

**COURSE:** **Pink Smoke Over the Vatican and the Roman Catholic Women Priest Movement**

**Date(s):** Monday, February 24

**Time:** 1:00 to 3:00 pm

**Location:** Room 104, Morris Conference Center, SUNY

**Facilitator:** Cynthia Walton-Leavitt

**Course Objective:** To offer an introduction to the Roman Catholic Women Priest movement from the perspective of a clergywoman who for 40 years has been a member of the International Association of Women Ministers (IAWM) – a group which supports women called to ministry and advocates for the ordination of women in their respective denominations around the world. I speak as an ally and one who has attended ordinations of RCWPs.

**Course Description:** We will view the documentary film *Pink Smoke Over The Vatican* (2011, 58 minutes). Discussion will include a history of the movement to ordain women as Deacons and Priests in the Roman Catholic Church. The Roman Catholic Women Priests website says: “We women are no longer asking for permission to be priests. Instead, we have taken back our rightful God-given place ministering to Catholics as inclusive and welcoming priests . . . Ordained women are already ministering in over 32 states across the country. We are here to stay.”

**Cost:** None **Minimum:** 5 **Maximum:** 40

**COURSE:** **It’s Not That I Hate Meat!! Vegetarian or Vegan?**

**Date(s):** Monday, March 2

**Time:** 1:00 to 3:00 pm

**Location:** Multipurpose room, Oneonta YMCA, 20-26 Ford Ave.

**Facilitator:** Christina Chrislip

**Course Objective:** To point out the distinct differences that separate these two very popular dietary choices.

**Course Description:** From my experience cooking for my husband, who chose to change from an omnivore to a vegan diet, we will share some of the finer points of going down that path. Ric has been eating vegan for 12 years and has done a lot of the reading on the physiological outcomes and nutrient needs when following this diet. Alas, he has not composed any music to pair with his findings or dining. I will present the issues that arise when planning meals, eating out, and especially when our vegan-gluten free son is visiting. Recipes will be shared as well as products that we have found acceptable to our palates. This will not be a scientific treatise.

**Cost:** None **Minimum:** 5 **Maximum:** 30

**REGISTRATION REQUESTS DUE NO LATER THAN November 15, 2019**

**COURSE:**                   **The Northern Renaissance - Art, Politics, and Economics**

**Date(s):**                    Tuesdays, March 3, 10, 17, 24

**Time:**                      10:00 am to noon

**Location:**                 Room 104, Morris Conference Center, SUNY

**Facilitator:**              Edwin Sanborn

**Course Objective:**        To learn about the similarities and differences between Northern and Southern Europe during the Renaissance period.

**Course Description:**      The period from 1400-1700 will be covered. Topics will include the impact of a growing world and the wars of religion on the wealth, power, and influence of Northern Europe (including the Reformation and the revolutions in Burgundy and England). Special emphasis will be given to the relationship between wealth and art, religion and art, climate and art. We will also discuss the impact of the Reformation on philosophy and science.

**Cost:**                      None                           **Minimum:** 10                   **Maximum:** 40

**COURSE:**                   **The Brothers Clark of Cooperstown**

**Date(s):**                    Thursday and Friday, March 5 & 6

**Time:**                      10:00 am to noon

**Location:**                 Craven Lounge, Morris Conference Center, SUNY

**Facilitator:**              Tom Heitz / Sharon Stuart

**Course Objective:**        To trace the history of Alfred Corning Clark's four sons – Stephen Carlton Clark, Frederick Ambrose Clark, Edward Severin Clark and Robert Sterling Clark – all of whom inherited personal fortunes in the early 20<sup>th</sup> century.

**Course Description:**      The life stories, the individual interests and the philanthropic contributions of each Clark brother will be presented in narrative fashion. The evolution of their interpersonal relationships while growing up and as adults will be examined. How differences among the brothers evolved as they aged and how their alliances and their differences evolved over the decades will be discussed. The unique legacies that each brother has left for the benefit of today's Village of Cooperstown and the County of Otsego will be honored as each brother receives his hour of special attention.

**Cost:**                      None                           **Minimum:** 35                   **Maximum:** 55



**COURSE:** Beau Brummel – Fashion’s 19<sup>th</sup> Century Icon

**Date(s):** Thursday, March 12

**Time:** 10:00 am to noon

**Location:** Room 104, Morris Conference Center, SUNY

**Facilitator:** Tom Heitz / Sharon Stuart

**Course Objective:** To examine the life, the fashions, the social strategies and cultural influence of Beau Brummel, a British commoner befriended by Britain’s King George in the late 1700s and early 1800s.

**Course Description:** Brummel’s preference and mastery of a robust, but simplistic faux military fashion of male dress accented with voluminous cravats at the neck and padded thighs and calves below turned male British fashion dress standards for aristocrats. While the fashion habits of male aristocrats evolved in imitation of Brummel, aristocratic women invaded the realm of silks, satins, ribbons, bows and jewels, accoutrements formerly the marks of masculine privilege and power. Brummel’s fashion legacy persists to the present, at least in western civilization. Brummel’s oversized cravats however, have evolved over the decades into the modern necktie, a phallic symbol hugging and hanging from the neck, and pointing in the direction of the male reproductive organs.

**Cost:** None                      **Minimum:** 25                      **Maximum:** 40

**COURSE:** The Basic Economics of Health Care Reform

**Date(s):** Mondays, March 16, 23, 30

**Time:** 1:00 to 3:00 pm

**Location:** Room 104, Morris Conference Center, SUNY

**Facilitator:** William P. O’Dea

**Course Objective:**

1. Provide an overview of the structure and performance of the US health care system.
2. Provide an introduction to the economic approach to problem-solving.
3. Use basic economic concepts to evaluate features of the US health care system.

**Course Description:** In 2018, the United States devoted 17.8 percent of its GDP to the provision of health care. Our health care sector is about twice as large as in other industrial economies. Despite this larger resource commitment, the performance of our health care system as measured by such indices as life expectancy and infant mortality lags behind that of our peer economies. Since the cost of our health care system is a major problem facing decision makers in the public and private sectors, the challenge is to explore whether the cost of providing health care can be reduced while maintaining (or even improving) quality of outcomes. The purpose of this course is to show how basic economic concepts can help policy makers address this challenge.

**Cost:** None                      **Minimum:** 10                      **Maximum:** 20

**REGISTRATION REQUESTS DUE NO LATER THAN November 15, 2019**

**COURSE:**                    **Volunteering in Kathmandu**

**Date(s):**                    Wednesday, March 18

**Time:**                        1:00 to 3:00 pm

**Location:**                 The Little Theater, Alumni Hall, SUNY

**Facilitator:**               Shirley Ferguson

**Course Objective:**        1. To share my experiences in Kathmandu, Nepal volunteering with Global Volunteers, providing educational and personal development support to children in local schools.  
2. To reflect on the dire needs of the people living here, one of the poorest countries in the world which is still recovering from the disastrous earthquake of 2015.

**Course Description:**     I've traveled to Antarctica, sailed up to Timbuktu; now won't you come along with me? On my trip to Kathmandu! I spent two weeks in Kathmandu, the largest city and capital in Nepal, one of the poorest countries in the world. My responsibilities included teaching conversational English and providing support and training to marginalized and low income women in rural areas around Kathmandu. Mostly, though, I provided nurturing for impoverished children in a variety of ways – helping with homework after school and teaching music, dance and crafts. So many children needed that extra word of encouragement or a friendly hug. For those two weeks I definitely became immersed in the Nepali culture! Travel to this part of the world was another exciting and rewarding experience combining my love of volunteering with my love of travel. I hope you'll join me!

**Cost:**                        None                            **Minimum: 5**                    **Maximum: 75**

**COURSE:**                    **American Crossroads, 1960: Camelot and Crabgrass**

**Date(s):**                    Thursday, March 19

**Time:**                        10:00 am to noon

**Location:**                 Room 104, Morris Conference Center, SUNY

**Facilitator:**               Bill and Nancy Simons

**Course Objective:**        Participants will examine the major events, personalities, and phenomena that animated America in the pivotal year 1960. We will discuss and debate how 1960 constituted a portal from the frayed consensus of Ike's America to emerging conflicts over generation, race, gender, sex, lifestyle, global responsibilities and national identity.

**Course Description:**     Less transformative than transitional, 1960 found the United States poised at political, international, cultural, and social crossroads. Perceived Soviet supremacy in space, missiles, education and sports, coupled with the collapse of a summit conference and the shooting down of a U.S. spy plane, heightened Cold War anxiety. Broadcaster Ed Murrow's Harvest of Shame rekindled concerns about poverty amidst abundance. In the transitional year 1960, the FDA approved The Pill, a Georgia prison cell held Civil Rights leader Martin Luther King, Jr., future feminist leader Betty Friedan published a magazine article challenging the myths of neo-Victorianism – and Ozzie and Harriet continued to enjoy suburban bliss, oblivious to the crabgrass. These and related topics will provide an agenda for our study of 1960: American Crossroads.

**Cost:**                        None                            **Minimum: 5**                    **Maximum: 30**

<b><u>COURSE:</u></b>	<b>K9s in Law Enforcement – New York State Police Troop C</b>		
<b>Date(s):</b>	Wednesday, March 25		
<b>Time:</b>	1:00 to 2:30 pm		
<b>Location:</b>	Craven Lounge, Morris Conference Center, SUNY		
<b>Facilitator:</b>	A member of the NYS Police K-9 Troop, TBD		
<b>Course Objective:</b>	Learn about working dogs and how they are utilized in law enforcement specifically in the New York State Police.		
<b>Course Description:</b>	This presentation will focus on the history of the K9 unit, describing the training facility which is located in Cooperstown, NY. Focus will be on how the K9s are trained, what they are trained for and the utilization of the K9 as a law enforcement entity.		
<b>Cost:</b>	None	<b>Minimum:</b> 10	<b>Maximum:</b> 25

**SPECIAL REMINDER!**

*Out of courtesy toward class facilitators and consideration for fellow members on waiting lists, please notify the class assistant if you are not able to attend a class in which you are enrolled.*

- *A class reminder is sent to all enrollees two weeks before the initial class meeting. If you receive the class reminder and are unable to attend, please contact the class assistant shown on the reminder.*
- *If you know you are unable to attend before the class reminder is sent, please call the CCAL office at 607-441-7370 or email us at [ccaloneonta@stny.rr.com](mailto:ccaloneonta@stny.rr.com).*

**REGISTRATION REQUESTS DUE NO LATER THAN January 15, 2020**

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**REGISTRATION REQUESTS DUE NO LATER THAN January 15, 2020**

**COURSE:                    Indoor Recreation Course**

You must have a SUNY Oneonta Guest Pass to engage in these activities. Pass will be sent to members at no cost upon registration for this class. **\*\*\*PLEASE NOTE CHANGES IN SCHEDULE\*\*\***

**SWIMMING:** Pool is located in the Chase Physical Education Building and is **open only when SUNY classes are in session from September 1, 2019 through May 2, 2020** as follows:

Monday – Friday	12 noon to 2:00 pm 8:00 pm to 10:00 pm
Saturday & Sunday	2:00 pm to 5:00 pm

**Other activities available with Guest Pass from September 1, 2019 through August 31, 2020 as follows:**

**WALKING:** Track located in the Field House, available anytime the building is open

**TENNIS:** Outdoor courts only, available anytime

**RACQUET BALL:** Courts located on lower level in the Chase Physical Education Bldg.  
Available Mondays, Wednesdays, Fridays, 12 noon to 1:00 pm

**COURSE:                    Teaching Authentic Chinese Cooking**

**Date(s):**                    Wednesdays, April 1, 8, 15 and Mondays, April 6, 13

**Time:**                      10:00 am to noon

**Location:**                1<sup>st</sup> United Presbyterian (Red Door) Church kitchen, 2 Walling Ave., Oneonta

**Facilitator:**              Nancy Chiang

**Course Objective:**      1. How to cook standard Chinese dishes in a short period.  
2. How to select the ingredients.  
3. How to adjust heating.

**Course Description:**    In this course I would like to introduce Chinese gourmand cooking to the class. Chinese cooking is always toward the healthy part of dining. It is aiming at the color, fragrance and tastes (flavor). The appearance of food is the first impression to everyone. The fragrance will attract the dining people for the desire to eat. As the food enters the mouth, taste will play the most important role. But healthy food is the major concern to all of us. Chinese cooking is trying to stay away from saturated fats, salt, and high calories. In Chinese cooking, we use lots of fresh vegetables. It is intended to preserve the value of nutritious ingredients. In the class, I will also give you all the fundamental techniques of Chinese cooking, introduce to you the essential ingredients and stepwise to prepare the healthy food. We do not use MSG and saturated fat. You are not only going to enjoy the delicious foods, but also receive the nutrients while dining.  
Remember: Chinese restaurant food is not real Chinese cooking.

**Cost:**                      Approximately \$30 per person                    **Minimum:** 10                    **Maximum:** 14

**REGISTRATION REQUESTS DUE NO LATER THAN January 15, 2020**

**COURSE:** **An Updated History of the Bassett Healthcare Network**

**Date(s):** Thursday, April 2

**Time:** 10:00 am to noon

**Location:** Room 104, Morris Conference Center, SUNY

**Facilitator:** John S. Davis, M.D.

**Course Objective:** To update participants' knowledge of the origins and development of a unique health-care network in Central NY.

**Course Description:** The course will focus on the complex relationships between Oneonta's Fox Hospital and Cooperstown's Bassett Hospital. One two-hour session with a mid-course break.

**Cost:** None                      **Minimum:** 10                      **Maximum:** 40

**COURSE:** **FDR's Second Term**

**Date(s):** Mondays, April 6, 20, 27 (no class on Apr 13)

**Time:** 1:00 to 2:45 pm

**Location:** Room 104, Morris Conference Center, SUNY

**Facilitator:** Harry E. Pence

**Course Objective:**

1. To identify and discuss political and economic conditions at the end of Roosevelt's first term.
2. This is also a good time to examine the special relationship that existed between FDR and Eleanor.

**Course Description:** As Roosevelt's first term came to a close, assumptions about the responsibilities of government had changed dramatically, but economic problems still persisted. New Deal Legislation was under attack from left and right. Some Americans believed that fascism represented the best alternative, while many of the best and brightest in Europe fled to this country to escape fascism. This is also a good time to examine the special relationship that existed between FDR and Eleanor. This course is a continuation of last year's Roosevelt Takes Command, but the material from that earlier course is not required to enjoy the current offering.

**Cost:** None                      **Minimum:** 10                      **Maximum:** 38

**REGISTRATION REQUESTS DUE NO LATER THAN January 15, 2020**

**COURSE: Day Tripping IV**

**Date(s):** Tuesday, April 7

**Time:** 10:00 am to noon

**Location:** Room 104, Morris Conference Center, SUNY

**Facilitator:** Alice Cannistra, Joan Kollgaard, Judy Tator

**Course Objective:** To share some more interesting, fun and fairly near trip destinations.

**Course Description:** GJWTHF (Girls Just Want to Have Fun) is a group of Unatego Central School district teachers who have continued their friendship in retirement by planning regular daytrips to interesting places in New York, Vermont, Massachusetts and Pennsylvania. The girls have toured museums and historical sites; ridden trains, boats and carousels; explored caverns and coal mines; attended plays and musicals; and, in general, had fun! They want to share the fun, but also welcome hearing the experiences of others, so they invite class members to bring pictures, brochures, and stories of their own enjoyable trips.

**Cost:** None                      **Minimum:** 10                      **Maximum:** 40

**COURSE: Poverty and the Impact of Economic Inequality in Otsego and Delaware Counties**

**Date(s):** Tuesday, April 7

**Time:** 1:00 to 3:00 pm

**Location:** Room 104, Morris Conference Center, SUNY

**Facilitator:** Jeri Wachter

**Course Objective:** To help people understand what life is like for people living in the crisis of poverty and to inspire advocacy for those whose lives are impacted by economic inequality.

**Course Description:** Starting with the War on Poverty, we'll define what poverty is, discuss the pillars of poverty (wages, housing, education, health and policy) and take a look at organizations dedicated to helping people move through the challenges that economic stress places on individuals and families. We'll hear inspiring stories of people who, no matter their struggle, remained hopeful and found a better outcome. Attendees will participate in a discussion around community involvement in the fight against social discrimination and economic inequalities which continue to grow.

**Cost:** None                      **Minimum:** 5                      **Maximum:** 40

**REGISTRATION REQUESTS DUE NO LATER THAN January 15, 2020**

**COURSE:** “Heavens to Betsey” – The Betsey Stockton Story

**Date(s):** Thursday, April 9

**Time:** 10:00 am to noon

**Location:** Craven Lounge, Morris Conference Center, SUNY

**Facilitator:** Tom Heitz / Sharon Stuart

**Course Objective:** To trace the life, career and contributions of Betsey Stockton, one of early America’s best educated African-American women.

**Course Description:** Born to a slave mother in 1798 in Princeton, New Jersey, Betsey Stockton became the first unmarried woman missionary ever sent by a North American mission agency beyond the borders of the United States. The identity of Betsey’s father is unknown, but presumed to be of white lineage and likely a member of the Stockton family. Betsey’s presence as a child and young person growing up in the households of well-educated, prosperous and abolitionist white families provided a level of education rarely available to most citizens of African descent in the early 1800s. This course will focus on Stockton’s life, her education and her interactions within the context of an upper class, wealthy American family whose resources permitted her to achieve a level of self-motivated education remarkable and unprecedented in her generation.

**Cost:** None                      **Minimum:** 30                      **Maximum:** 50

**COURSE:** **So You Think You CAN’T Sing???**

**Date(s):** Tuesdays, April 14, 21, 28

**Time:** 10:00 am to noon

**Location:** 1<sup>st</sup> United Presbyterian (Red Door) Church Sanctuary, 2 Walling Ave., Oneonta

**Facilitator:** George Lesh and Maria Agliano

**Course Objective:** Enjoy the spiritual uplift of group singing. Dismiss your (probably imaginary) shortcomings, conquer your fear of singing in public and gain confidence. Do something physical without killing yourself in the process. In short: HAVE FUN!

**Course Description:** Scientific research and anecdotal experience support the belief that singing triggers the release of endorphins, making you feel better mentally and physically. Group singing brings the added benefit of community and mutual support. In this class, the facilitator will lead the group with guitar accompaniment, singing ballads both familiar and new. Lyric sheets will be provided and melodies will be learned as we go. Repertoire will be mainly traditional numbers, but expect some surprises too! About 10 songs will be sung in each session. Each session will begin with a brief vocal warm-up routine. There will be one break midway through each session. The links below help to explain why singing is a healthy endeavor.

[https://greatergood.berkeley.edu/article/item/science\\_of\\_singing](https://greatergood.berkeley.edu/article/item/science_of_singing)  
<https://takelessons.com/live/singing/health-benefits-of-singing>

**Cost:** None                      **Minimum:** 10                      **Maximum:** 30



**REGISTRATION REQUESTS DUE NO LATER THAN January 15, 2020**

**COURSE:** **Tales to Tell: Confronting the Unexpected – Gusto and Close Calls**

**Dates and Times:** Wednesday, April 15 1:00 to 3:00 pm  
Wednesdays, April 22, 29 10:00 am to noon

**Location:** The Little Theater, Alumni Hall, SUNY

**Facilitator:** P. Jay Fleisher

**Course Objective:** To provide an illustrated, conversational style presentation that will figuratively take the group to a variety of locations in which I experienced unique, exciting, memorable, and in some cases, dangerous events.

**Course Description:** Conducting geologic field work in the search for new scientific information has taken me to many unique and exciting places in which I've experienced gusto events peppered with a combination of exciting and gratifying results. We will visit some of these sites in several parts of Alaska, the Sierra Nevada Mountains, the Navajo and Hopi reservations, Iceland and the Himalayas.

**Cost:** None **Minimum:** 10 **Maximum:** 75

**COURSE:** **Great Studies in Psychology Since I Retired (2010)!**

**Date(s):** Thursdays, April 16 and 23

**Time:** 10:00 am to noon

**Location:** The Little Theater, Alumni Hall, SUNY

**Facilitator:** Steven J. Gilbert

**Course Objective:** To impart an appreciation of trends in contemporary psychological research – the kinds of questions being asked and the ingenious methods devised to answer them.

**Course Description:** Each class will be devoted to the presentation of 3-5 highly impactful recent studies in psychology. We will present each study in historical context, explain what was done, and assess what the study tells us and why it matters.

**Cost:** None **Minimum:** 10 **Maximum:** 50

**REGISTRATION REQUESTS DUE NO LATER THAN January 15, 2020**

**COURSE:** **Contemporary Topics in Fiction**

**Date(s):** Fridays, April 17, May 15, June 12

**Time:** 10:00 am to noon

**Location:** Room 104, Morris Conference Center, SUNY

**Facilitator:** Mary Miller

**Course Objective:** This course is a book club to gather avid readers who wish to discuss current fiction in a congenial setting.

**Course Description:** Rather than a pedantic overview of selected books, this is a book club comprised of interested readers who wish to discuss contemporary fiction. There will be much give and take involved in each class; each member is encouraged to participate and share his or her views. The selected works will be announced in February and class members will be notified of the titles.

**Cost:** Cost of the books. **Minimum:** 15 **Maximum:** 25

**COURSE:** **A Tour of the Oneonta Job Corps - Encore**

**Date(s):** Wednesday, April 22

**Time:** 1:30 to 3:00 pm

**Location:** Oneonta Job Corps campus, 21 Homer Folks Ave.

**Facilitator:** Chris Kuhn

**Course Objective:** Tour the center and learn about our mission to serve young adults.

**Course Description:** Originally part of the Economic Opportunity Act and our nation's continued efforts on the War on Poverty, Oneonta Job Corps Academy was established in 1980 at the former Homer Folks Hospital site. Today, as one of 125 centers across the country administered by the U.S. Department of Labor, OJCA's mission is to serve economically disadvantaged young adults ages 16 to 24. In addition to Career Technical Training opportunities in automotive, construction, or healthcare, students participate in academics with the goal of achieving a high school diploma or equivalent and college. Independent living skills are also taught throughout the center's residential program, which includes recreation, military preparation, and student leadership. The Oneonta Job Corps Academy was named Organization of the Year by the Future of Oneonta Foundation (FOF) in 2013. Last year, OJCA received the Quality of Life award from the Otsego Chamber of Commerce.

**Cost:** None **Minimum:** 10 **Maximum:** 50

**REGISTRATION REQUESTS DUE NO LATER THAN January 15, 2020**

**COURSE:**                    **The Norse in Greenland (985AD to ca. 1500AD), Vinland in North America (1830 to Present)**

**Date(s):**                    Monday, April 27

**Time:**                        10:00 am to noon

**Location:**                 Room 104, Morris Conference Center, SUNY

**Facilitator:**                Hugh MacDougall

**Course Objective:**        1. To examine the colony of Scandinavians who settled in Greenland for 500 years before Columbus, and how they survived.  
2. To learn about Leif Ericson, and the attempt to establish a settlement at "Vinland" on the North American mainland in the years around 1000AD..  
3. To examine how and why interest in Vinland revived in New England about 1830AD, and has led to numerous Norse hoaxes around America in the years since.

**Course Description:**     In 985AD Eric the Red, exiled from Iceland, discovered Greenland and established a small colony of settlers from Norway and Iceland on its Southeast coast, which survived for some 500 years before disappearing in the late 1400's for reasons which remain uncertain to this day. His son, Leif Ericsson, exploring farther east, discovered a portion of continental North America which was called Vinland, because grapes grew there, but an attempted settlement from Greenland, without firearms, lasted only a few years after 1000 before being defeated by more numerous American Indians with bows and arrows. This was largely forgotten outside Scandinavia until about 1830AD, when a Danish scholar revived interest in Vinland, especially in New England, then feeling threatened by heavy Italian and southern European immigration. This led to many hoaxes about supposed Norse relics in the US, which have lasted to this day, most recently at Yale University. Note: This is a shorter, and hopefully more interesting, version of courses I gave in past years.

**Cost:**                        None                            **Minimum:** 10                            **Maximum:** 40

**COURSE:**                    **Hope for a South American Country: Colombia**

**Date(s):**                    Monday, May 4

**Time:**                        10:00 am to 12:30 pm

**Location:**                 Room 104, Morris Conference Center, SUNY

**Facilitator:**                Celia Reed and Donna Behrendt

**Course Objective:**        To understand changes that have helped Colombia move away from the drug trade, corruption and hopelessness, and to enjoy a beautiful, dynamic country.

**Course Description:**     The facilitators will describe the conditions in the country in past decades, including FARC, class poverty and corruption. They will then discuss more recent influences on the conditions, both internal and external to the country. Finally, they will describe, from the perspective of two recent travelers, what the country looks like now.

**Cost:**                        None                            **Minimum:** 10                            **Maximum:** 40

**REGISTRATION REQUESTS DUE NO LATER THAN January 15, 2020**

**COURSE:**                    **The Silk Road – Old and New**

**Date(s):**                    Tuesdays, May 5, 12, 19, 26

**Time:**                        10:00 am to noon

**Location:**                 Room 104, Morris Conference Center, SUNY

**Facilitator:**                Edwin Sanborn

**Course Objective:**        To review and discuss the evolution of international trade from ancient to modern times.

**Course Description:**      Content will focus on the role of trade and war on the development of world economies in ancient through modern times. This will include Greek and Roman trade with India and China, the impact of Persian, Arab and Turkish conquests, and the establishment of water and land routes that led to the spice, silk, tea and opium trades. We will also cover the impact of the discovery of the new world, the effects of WWII and the growth of the New China.

**Cost:**                        None                            **Minimum:** 10                    **Maximum:** 40

**COURSE:**                    **When People Don't Speak the Same Language**

**Date(s):**                    Wednesday, May 6

**Time:**                        10:00 am to noon

**Location:**                 Room 104, Morris Conference Center, SUNY

**Facilitator:**                Denise Dailey

**Course Objective:**        1. To think creatively  
2. To cross barriers  
3. To apply our conclusions in our daily activities

**Course Description:**      Using examples from facilitator and students, we'll gather a base of what the three above objectives mean, and how they might be achieved. Facilitator will bring some material from books as examples.

**Cost:**                        None                            **Minimum:** 10                    **Maximum:** 40

**REGISTRATION REQUESTS DUE NO LATER THAN January 15, 2020**

**COURSE:** **Building Bridges in Cuba**

**Date(s):** Thursday, May 7

**Time:** 10:00 am to noon

**Location:** Craven Lounge, Morris Conference Center, SUNY

**Facilitator:** Shirley Ferguson

**Course Objective:**

1. To share my experiences with the class about volunteering in a former barrio outside Havana, now reinvented by a community art center.
2. To share my perspective of this beautiful culture as I engaged with neighbors from the area while they explored art, music and dance.
3. To talk about the relationship between Cubans and Americans – has it changed? How are we viewed? What are their hopes for the future between our two countries?

**Course Description:** I volunteered by helping to create ceramic tiles for the community and by participating in dance workshops and sports games with the children, in hopes of both inspiring children and continuing the regeneration of their town. We stayed in casas particulares, family run bed and breakfast accommodations in private homes. Part of this experience also allowed for exploration of some different parts of vibrant and colorful Cuba including Trinidad, Cien Fuegos, and the Vinales Valley. Think salsa lessons! Cuban guitars! Hemmingway! Organic coffee farms! Cuban corn on the cob! And so much more . . . Come join me!

**Cost:** None **Minimum:** 1 **Maximum:** 75

**COURSE:** **Sitka: Tlingit, Russian Orthodox, and American Protestants**

**Date(s):** Monday, May 18

**Time:** 1:00 to 3:00 pm

**Location:** Room 104, Morris Conference Center, SUNY

**Facilitator:** Cynthia Walton-Leavitt

**Course Objective:** To share a brief history and images of Sitka, Alaska.

**Course Description:** Sitka, Alaska was originally settled by the Tlingit people over 10,000 years ago. It became the capital of Russian America from 1808 until 1867 when it was the site of the transfer ceremony for the Alaska purchase. The Russian Orthodox Church played an important role in Sitka’s modern development. St. Michael’s Orthodox Cathedral dominates downtown. After the transition to American control, the influence of Protestant religions increased. This course will offer a brief history and introduction to Sitka.

**Cost:** None **Minimum:** 5 **Maximum:** 40

**REGISTRATION REQUESTS DUE NO LATER THAN January 15, 2020**

**COURSE:** Paris - More Than the Eiffel Tower, Chapter 9: You Asked For It, Vol. 2

**Date(s):** Wednesday, May 20

**Time:** 10:00 am to noon

**Location:** Little Theater, Alumni Hall, SUNY

**Facilitator:** Bill Ryall

**Course Objective:** To continue our ongoing thematic look at Paris by exploring a variety of subjects suggested by participants in past classes.

**Course Description:** In chapter 7 of our continuing exploration of Paris, Bill asked class participants to submit themes and/or locations in Paris they would like to see addressed in future chapters. You gave him enough input for much more than one chapter. We are now in the second installment for these requests! As always, commentary will certainly be from this Francophile's perspective, but this photographer will no doubt have his input as well! Feel free to join us for another "rocking chair" stroll around Paris.

**Cost:** None                      **Minimum:** 5                      **Maximum:** 75

**COURSE:** "The Golden Girls"

**Date(s):** Thursday, May 21

**Time:** 10:00 am to noon

**Location:** Craven Lounge, Morris Conference Center

**Facilitator:** Marge Pietraface

**Course Objective:** People will gain more understanding and appreciation for the four stars of *The Golden Girls* – Betty White, Rue McClanahan, Estelle Getty and Bea Arthur – and the behind the scenes work that went into making this show a comedy hit.

**Course Description:** This course will offer a look into the "makings" of *The Golden Girls*. Most of us watched this television show and laughed at the antics of Sofia, Dorothy, Blanche and Rose. It was easy to relate to and "bond" with each of these characters. This show was ahead of its time in many ways and participants will learn why this was the case.

**Cost:** None                      **Minimum:** 30                      **Maximum:** 75

**REGISTRATION REQUESTS DUE NO LATER THAN January 15, 2020**

**COURSE:** **Our Aviation History Part 2**

**Date(s):** Thursday, May 28

**Time:** 10:00 am to noon

**Location:** Craven Lounge, Morris Conference Center, SUNY

**Facilitator:** Bob Parmerter

**Course Objective:** To examine the aviation history of our area, 1946 to present, using photos, newspapers, interviews and documents.

**Course Description:** In this Part 2, we'll look at and listen to interesting and significant events, people and machines that make up our local aviation history, 1946 to current.

**Cost:** None **Minimum:** 10 **Maximum:** 50

**COURSE:** **Advanced Class for Silk Scarves**

**Date(s):** Friday, May 29

**Time:** 1:30 to 3:30 pm

**Location:** Elaine's garage, 183 River St., Oneonta

**Facilitator:** Elaine Downing

**Course Objective:** This is a class just for participants who have already taken my beginning class. Now you can embellish the scarves you made and experiment with other ways of working with fabric paints.

**Course Description:** Bring the scarves you've made in a previous class and/or other fabrics (Tshirts, napkins, tea towels, etc.) Any type of fabric – silk, cotton, polyester – is acceptable. We will use metallic paints and new designs and create new one-of-a-kind artworks.

**Cost:** \$10 per person **Minimum:** 1 **Maximum:** 6

**REGISTRATION REQUESTS DUE NO LATER THAN January 15, 2020**

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## Facilitator Biographies

**Agliano, Maria** is an untrained music aficionado who strives to encourage others to sing in a supportive setting. She'll be assisting George Lesh in conducting the class as he sees fit. She has recently relocated to Oneonta and looks forward to making new connections.

**Baden, Gail** is a graduate of SUNY Oneonta. An accidental "her-storyian," personal and family connections introduced her to Anne Morgan and the American Committee for Devastated France which she has been researching for ten years.

**Behrendt, Donna** received a BS in Public Health from the University of Wisconsin and an MS in Special Education from Wheelock College. She is interested in history and has traveled and lived abroad. She now is enjoying retirement in Oneonta.

**Burns, Brian** is Otsego County Court and Acting Supreme Court Justice. A former prosecutor for the City of Oneonta and Otsego County, he presides over Drug Courts in Otsego and Delaware counties and is a member of the Board of Directors of NYS Treatment Court Professionals. Judge Burns was named to the Fulbright Specialist Roster by the U.S. Department of State to assist foreign institutions in establishing treatment courts.

**Cannistra, Alice** taught Spanish for 33 years at Unatego High School, retiring in 2006. She is delighted to have the time to explore other interests and continue learning.

**Chiang, Nancy** is Emeritus Professor of Hartwick College who worked for Hartwick library as the Head of Technical Services. She has taken lessons from famous Chinese Artists in the U.S. and China and specializes in Mountain-water Style Chinese painting and Colorful Flower Paints.

**Chrislip, Christina** has a BS from Brigham Young University and obtained her RD (Registered Dietician) from Massachusetts General Hospital where she worked for two years. She was an RD at Bassett Hospital prior to having her family and subsequently worked as a Nutritionist for the Women Infant Children program for Otsego County until her retirement. Her husband, Frederic Chrislip, has been following a vegan diet for 12 years and will assist her in this presentation.

**Dailey, Denise** was born in Brazil, daughter of a French father and Chilean-French mother. She moved to Montreal when she was thirteen and has been moving since. When not teaching in public and private schools in NYC, she has traveled the seven continents with her husband and children. Her book, *Listening to Pakistan: A Woman's Voice in a Veiled Land* evolved from her lectures for CCAL. She is glad to be back.

**Davis M.D., John** received his MD from Harvard Medical School in 1956 and was a first and then second year medicine resident at the Mary Imogene Bassett Hospital (1956-58). He served in the U.S. Army Medical Corps (Captain MC) from 1958-61 and then did 3 years of fellowship at the University of Rochester (Strong Memorial Hospital), combining psychosomatic medicine with gastroenterology. He then joined Bassett Hospital as its first Gastroenterologist (1964) and remained on the staff until retiring in 1995 (last 10 years as Director of Medical Education). Since then, he has been active in various Bassett affairs, in particular giving many talks on the institution's history and in 2017, completing a book *Bassett Hospital in Cooperstown New York; 200 Years of Healthcare in Rural America*. In July 2017 he was designated by the Board of Trustees as "Bassett's Lifetime Historian."

**Downing, Elaine** has been painting and dying silk scarves since taking a class at UCCCA in 2010. She also marbles paper and makes books. In a former life, she was a librarian at SUNY's Milne Library.

**Ferguson, Shirley** has lived in Delaware County for 15 years and loves it. Her career included teaching, selling make-up, having a day care facility in her home, operating heavy equipment, and spending 20 years as a sales rep for Xerox. She loves traveling, particularly when it can be combined with volunteering. She enjoys sharing her adventures with CCAL members who are always so receptive and enthusiastic!

**Fielder, Dorothy Scott** had a brief career teaching biology and a much longer one (25 years) in the U. S. Postal Service where she acquired the stamp collecting bug. She retired in 2003 after 22 years as Schenevus Postmaster. Her many interests include stamp collecting, environmental activism, local history and photography.

**Fleisher, P. Jay** is Distinguished Teaching Professor Emeritus in the Earth Sciences Department at SUNY Oneonta. During his 40 years at the college, he taught introductory and advanced Geology courses while conducting summer field work that offered exciting experiences in remote locations.

**Gilbert, Steve** is Professor Emeritus of Psychology at SUNY-Oneonta and served as chair of the Psychology Department from 1997-2010, the year of his retirement. He specialized in Social Psychology, with particular interests in the psychology of social influence and advertising. Steve and his wife Barbara live in Vestal with their dog Jupiter and travel frequently to see their children Rachel in NYC and Dan in Philadelphia. In retirement, “Ukelele Steve” performs at senior living centers in the Greater Binghamton area.

**Heitz, Tom / Sharon Stuart** writes local history columns for the Freeman’s Journal, the Richfield Springs Mercury and the Route 20 Pulse. Tom is Otsego Town Co-Historian, an interpreter for the Cardiff Giant at the Farmers’ Museum in Cooperstown and was the official score keeper for the Oneonta Tigers in the summertime. From 1983 to 1995 he was Librarian at the National Baseball Library and Archive, National Baseball Hall of Fame and Museum. He is a graduate of the University of Kansas (1962), the University of Missouri at Kansas City School of Law (1965), the University of Washington (MS in Library Sciences, 1972) and also attended classes at SUNY’s Cooperstown Graduate Program in Museum Studies (1996-1998). As a lawyer, Tom served as a JAG officer and military law instructor in the U.S. Marine Corps (1965-1971) during the Vietnam era. He has also been actively engaged in the civil rights struggle for the recognition of equal rights and opportunities for LGBTQI people since the late 1960s. Tom’s CCAL courses, which have covered a wide variety of subjects of both local and universal interest, are taught in a narrative story-telling fashion interspersed with original resource materials and illustrations. Different points of view, discussion and provocative questions are welcomed.

**Helterline, Marilyn** is a retired professor of sociology and women’s and gender studies. She taught at SUNY Oneonta from 1973 until 2009 where she held a position in the Sociology Department and helped establish the Women’s and Gender Studies Department. She holds a Ph.D. in sociology from the University of Notre Dame

**Kehoe, Maryanne** is a decades-long practitioner, teacher and researcher of complementary therapies with a particular interest in energy-based healing modalities. As a nurse, a nurse practitioner and nurse educator, she has a wide range of professional experiences. A life-long learner, her formal education ranges from associates degree to Ph.D. candidate yet she recognizes living as the greatest teacher.

**Kollgaard, Joan** is a retired English Teacher who has continued to travel after retirement, both on local day trips with fellow retirees and on trips in the U.S. and Europe with family and friends.

**Kuhn, Chris** is a 30+ year veteran of the Job Corps program, having started his career in 1984 at the Hubert H. Humphrey Job Corps Center in St. Paul, Minnesota. In the spirit of adventure, he moved east with his family to run progressively larger centers in Vermont and Maine before coming to New York in 2010. His vision is to improve the quality of student learning and living environment by working together as One Team that includes the greater community. During his tenure there have been major changes, such as the building of the Smart Grid advanced training yard, the Oneonta Municipal Airport renovation and most recently, the addition of the Drone Pilot training program. Chris and his wife Annie have been married 30 years and have two adult daughters, Hannah and Josie, both college graduates.

**Lesh, George** is a retired music teacher. He taught vocal and classroom music at Unatego from 1974 to 2008. He has served as a Zone Representative and Piano Adjudicator for the New York State School Music Association. He is also a church musician and a member of the Classical Guitar Society of Upstate New York.

**MacDougall, Hugh** is a founder of CCAL in 1992, has served on its curriculum committee ever since and has given over 30 courses on many subjects, often to large numbers of students. He is a graduate of Harvard and of Columbia Law School and spent 28 years as a political officer in the United States Foreign Service. His interest in the Arctic and in Greenland and its Norse settlers is long-standing.

**Martini, Sil** after an engineering degree from the University of Pittsburgh, Sil spent his working life in various aspects of industrial sales. In 2015 he retired from a cutting tool supplier in Columbus OH and moved to Oneonta. After saying “Hello” to the grandchildren, he joined CCAL. As a curious fellow, its wide variety of courses appealed to him.

**Miller, Mary S.** is a retired 12<sup>th</sup> grade English teacher and former adjunct instructor at Hartwick College. She is a passionate reader who enjoys sharing her enthusiasm with fellow readers.

**Montoya, Maria Cristina** has resided in the US since 1993 and is an Associate Professor of the State University of New York Oneonta, where she has been teaching Spanish and linguistics since 2000. Her most recent publication is a book: *Mi Vida en los Estados Unidos, Jovenes de Herencia Hispanohablante Escriben sus Experiencias (My Life in the United States, Young Spanish Heritage Language Speakers Write About Their Experiences)*, which has won two awards from Latino Literacy Now’s International Latino Book Award. The proceeds from the book sales are used to create a scholarship within the SUNY Oneonta College Foundation for the recovery of heritage languages.

**Noorlander, Kim** has lived all over the country and has worked in fitness for over 20 years. During this time she has helped people of all ages and abilities to maintain a healthy lifestyle. She holds certifications in Silver Sneakers and Advanced Group fitness as well as being a certified Inclusive Fitness Trainer. Most recently, Kimi has led a number of groups through the Arthritis Foundation’s Walk With Ease program. Currently, Kimi lives in Oneonta with her husband and four children.

**O’Dea, William** received his PhD in economics from SUNY Albany. His research involves the application of microeconomic concepts to policy issues such as traffic congestion, health care, and student evaluation of faculty performance. He taught in the School of Economics and Business at SUNY Oneonta for 38 years, retiring in 2017. During his tenure at SUNY Oneonta, he served three terms as the Chair of the Department of Economics, Finance and Accounting.

**Palm, Daniel** is a Ph.D. and retired as Regional Director, New York State Department of Environmental Conservation. He is an avid traveler, having visited 60 countries and all 7 continents. He enjoys sharing his photos and experiences with those willing to watch and listen. He believes CCAL is an excellent platform to facilitate this sharing.

**Parmarter, Bob** taught junior high social studies in Schenevus for 33 years, retiring in 1997. He is currently Vice-President of CCAL; historian for the town of Maryland (including Schenevus); historian for the Beechcraft Heritage Aviation Museum in Tullahoma, TN; active in the Town of Maryland Historical Society and author of *Beech 18: A Civil and Military History*, published in 2004. He grew up in Florida, NY, graduated from SUNY Oneonta in 1964 and is the proud grandfather of four terrific young people.

**Pence, Dr. Harry E.** is a SUNY Distinguished Teaching Professor Emeritus at the State University College at Oneonta, NY. In the past, he offered several popular CCAL courses on The Coming of the Great Depression in the U.S., England after WWI, Germany Between the Wars and Americans in Paris following WWI. He is a co-editor of the book, *Enhancing Learning with Online Resources, Social Networking, and Digital Libraries*, which was published by the American Chemical Society. He co-authored two chapters in that book as well as a chapter on augmented reality in the book *The Handheld Library*. He also co-authored a chapter entitled “New Tools and Challenges for Chemical Education: Mobile Learning, Augmented Reality, and Distributed Cognition in the Dawn of the Social and Semantic Web” in the book, *Chemistry Education: Best Practices, Innovative Strategies and New Technologies*.

**Pietrafacc, Marjorie** was born in Jamestown, NY, where Lucille Ball was born. She had a 35 year career as a social worker and educator. She was a licensed social worker and credentialed alcoholism and substance abuse counselor. Marge has worked as a therapist/counselor in a variety of settings, including Otsego County Mental Health, Oneonta City Schools, Hartwick College and SUNY Oneonta.

**Pietrafacc, Dr. William (Bill)** is a retired Professor of Biology at SUNY Oneonta. He received his B.S. in Science from the Pennsylvania State University, an M.S. in Biology from East Stroudsburg State College and a Ph.D. in Biology from West Virginia University. At SUNY Oneonta, he taught courses in general biology, general botany, plant physiology,

plant growth and development, human anatomy and physiology, and a course on the implication of the Human Genome Project. In 1986, he was the recipient of the SUNY Chancellor's Award for Excellence in Teaching.

**Pixley, Edward** is a retired SUNY Oneonta professor of Theatre with over 40 years' experience as a teacher, director, actor and critic. His love of Shakespeare began in high school and college, and was enhanced by playing major roles in both tragedies and comedies in graduate school at the Universities of Wisconsin and Iowa. At SUNY Oneonta, Dr. Pixley directed or managed seven plays by Shakespeare and his Elizabethan colleagues. He also conducted workshops and taught classes in Shakespearean acting, including two classes that he team-taught with Pat Gourlay.

**Pullybank, Tom** is the Director of Programming for the Dispute Resolution Center, a program of Catholic Charities of Otsego and Schoharie Counties. Tom is also an ordained elder in the United Methodist Church and has served congregations in Fly Creek, Schuyler Lake, and Sidney. He was a History instructor at SUNY Oneonta for over a decade and is a published author of both fiction and nonfiction books.

**Reed, Celia** has worked in the field of special education for the past 26 years. She has served as a training specialist for a NYS network and traveled to Bhutan at the invitation of the Ministry of Education in the summers of 2013 and 2014.

**Rightmire, Robert** is a former high school and college teacher. He is the author of three books on the American artist, Rockwell Kent, and wrote more than 35 articles on the same subject. He has been a guest speaker at SUNY Cortland, Plattsburgh, the Norman Rockwell Museum and the National Museum of Newfoundland. He previously presented a CCAL class on Papua New Guinea with Nancy Cannon.

**Ryall, Bill** is a retired French teacher who enjoyed a career that spanned over 42 years both in the public schools and at SUNY Oneonta. During that career, he also worked as a consultant in foreign language education at the New York State Education Department. He continues to travel regularly in the French world. Bill is also passionate about his photography, an interest he has pursued since his early teens. His photography has won awards in numerous competitions and his images have been published in secondary and post-secondary French textbooks.

**Sanborn, Edwin** is an avid reader and has been a student and teacher of history all of his adult life. While his degrees are in American History, he is very knowledgeable of European and Chinese history, as well as Economics and Philosophy. His belief is in order to understand literature and art, the historical context of the time must also be understood. His approach to teaching is to encourage class participation.

**Simons, Bill** is a Professor of U.S. History at SUNY Oneonta and co-director of the Cooperstown Symposium on Baseball and American Culture. He taught an entire course on the year 1960.

**Simons, Nancy (Cannon)** is a retired Reference/Instruction/Technology Librarian, SUNY Oneonta. She offered CCAL presentations on the Enga People of Papua New Guinea in 1955 and The Republic of China in 1948-1949.

**Tator, Judy** is a retired educator, loving retirement and the adventures which come her way.

**Wachter, Jeri** is a self-proclaimed community builder, an advocate for equity, environmental and social justice. She cofounded William Andrew Publishing, Workplace Equity Project, and is a producing partner on the Faces of Rural Poverty documentary. She lives and works in Gilbertsville, NY.

**Walton-Leavitt, Cynthia** serves as the Pastor at First United Presbyterian (the "Red Door") Church, and is active in the community in a variety of ways. She serves as Secretary for the International Association of Women Ministers which was founded in 1919 as an organization to support women ministers and to advocate for the ordination of women around the world. She enjoys learning and travel, and in 2018, visited Sitka, Alaska when exploring on her own.

**Zdenek, Darryl** is a retired manufacturing/distribution manager with a lifelong interest in history, especially the World War II era. After retiring from a 35 year career, he purchased his "hobby farm" in Roseboom about 12 years ago. An avid reader of history, he became especially interested in the Pacific theater in WWII and loves to share his learning and views with like-interested people.

# CENTER FOR CONTINUING ADULT LEARNING (CCAL)

31 Maple Street, PO Box 546, Oneonta, NY 13820

Office Hours: Tuesday, Wednesday, and Thursday, 12:30 to 4:30 pm

Phone: 607-441-7370 Fax: 607-436-9682 Email: ccaloneonta@stny.rr.com

## HOW TO GIVE A CCAL COURSE

The Center for Continuing Adult Learning is dependent on people from all walks of life, including our own members, who are willing to share what they know, do and love, with others who want to learn. Some facilitators teach, some demonstrate skills, some organize programs with outside speakers, and some arrange and lead field trips. Some are active professionals, some are retired, but many are devoted amateurs.

Facilitators volunteer their time and are not paid. However, facilitators who are **NOT** members of CCAL may take TWO complimentary courses for each course they teach. Complimentary courses must be taken within one year of the date of the course taught. In accordance with college regulations, facilitators may not use a course to sell products or services. **This policy will also be in effect for courses held “off campus.”**

Facilitators have great freedom in organizing courses they want to give, considerable latitude as to when they wish to present them, and may specify minimum and maximum numbers of participants. A course may be scheduled as a single presentation or multiple presentations. Most classes are assigned classroom space at either Hartwick or SUNY at Oneonta colleges. Normally classes are held during daylight hours, Monday through Friday.

Course proposals are approved by our Curriculum Committee (many of whom are facilitators and participants themselves) quite far in advance. Deadlines have been established in order to allow ample time for creation and printing of the catalog by our office staff.

The **WINTER/SPRING** catalog includes courses given January through May. It is compiled the summer before and goes to press in September. Proposals for Winter/Spring are **due by July 15.**

The **SUMMER/FALL** catalog includes courses given June through December. It is compiled during the winter and goes to press mid-February. Proposals for Summer/Fall are **due by January 15.**

Please note: these deadlines create very tight schedules for preparing the catalog for printing – please submit proposals on time!

### Are you interested?

- Look over a previous CCAL catalog to get an idea of courses offered and facilitators' backgrounds.
- Contact a member of the Curriculum Committee to discuss what you have in mind and obtain a course proposal form.
- Prepare a course proposal form, also available from the CCAL office and our website (*ccaloneonta.org*).
- When completing proposal, please be sure to include preferred dates and times as well as a brief facilitator biography.
- Return completed form by deadline to:

CCAL Curriculum Committee  
PO Box 546  
Oneonta, NY 13820

OR

ccaloneonta@stny.rr.com

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**COURSE PROPOSAL WITH PREFERRED SCHEDULING INFORMATION**

Check one: ( ) Winter/Spring: January through May, 20\_\_

( ) Summer/Fall: June through November, 20\_\_

Name: \_\_\_\_\_ Today's date: \_\_\_\_\_

Address: \_\_\_\_\_ Phone #: (day) \_\_\_\_\_

City/Town and Zip code: \_\_\_\_\_ (eve) \_\_\_\_\_

Email address: \_\_\_\_\_

Title of Proposed Course: \_\_\_\_\_

Course Objectives (3 sentences or less): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Course Description (6 sentences or less) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Special room or equipment needed: \_\_\_\_\_

\_\_\_\_\_

Please list any cost to students for supplies, books, etc. \_\_\_\_\_

Months, Days and Hours preferred (please list up to 3 choices)

(1) \_\_\_\_\_

(2) \_\_\_\_\_

(3) \_\_\_\_\_

Class size preferred: Minimum \_\_\_\_\_ Maximum \_\_\_\_\_

# of Class Sessions \_\_\_\_\_ # of Hours per session \_\_\_\_\_

**Limited photocopying is available to you. Requests must be submitted to the CCAL office AT LEAST 2 weeks PRIOR to the first class session.**

How much time, prior to the first class, would you allow enrollment to reach the minimum number of students before canceling class? \_\_\_\_\_

**FACILITATOR BIOGRAPHY:** Please use the back of this sheet to write a brief (6 sentences maximum) biography as you would like it to appear in written releases.

Please return this form by \_\_\_\_\_ July 15 for Winter/Spring \_\_\_\_\_ January 15 for Summer/Fall

To \_\_\_\_\_ Curriculum Committee

Address \_\_\_\_\_

Town/Zip Code \_\_\_\_\_ Phone: \_\_\_\_\_

(Completed form may also be emailed or faxed to the CCAL Office)

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Office Use Only:  
\_F \_P \_N \_R CK # \_\_\_\_\_

## MEMBERSHIP FORM for January 1 – December 31, 2020

Yes, I would like to join The Center and participate in the learning experiences offered. I understand that the membership fee is \$120 for the calendar year (January 1 through December 31, 2020).

Since CCAL is a non-profit organization, any donations over and above your membership would be gratefully appreciated. Donations would, of course, be tax deductible to the full extent allowed by Federal law.

**NEW** *If any part of your contact information has changed in the past year, please check this box*  **NEW**

1. Enclosed is my membership check for \$ \_\_\_\_\_ and a donation to CCAL \$ \_\_\_\_\_
2. This membership is  New  Renewal
3. Specify how your mailings should be addressed:  Mr.  Mrs.  Ms.  Miss  Dr.  Rev.  Other: \_\_\_\_\_
4. Name \_\_\_\_\_
5. Address \_\_\_\_\_  
City/Town \_\_\_\_\_ State \_\_\_\_\_ ZipCode \_\_\_\_\_  
Phone (\_\_\_\_) \_\_\_\_\_ CELL (\_\_\_\_) \_\_\_\_\_ Email \_\_\_\_\_
6. Alternate Seasonal Address (give dates) from \_\_\_\_/\_\_\_\_/\_\_\_\_ to \_\_\_\_/\_\_\_\_/\_\_\_\_  
Alternate Address \_\_\_\_\_  
City/Town \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_ Phone \_\_\_\_\_
7. What "call name" or "nick name" do you prefer? \_\_\_\_\_
- NEW** 8. May we use photos of you participating in CCAL classes/events on our website?  yes  no **NEW**
9. Are you retired?  yes  no
10. What was your former occupation? Please be specific. \_\_\_\_\_
11. Please indicate your interest in serving CCAL in any of the following areas:  
 Board of Directors                       Curriculum Committee                       Member Events Committee  
 Nominating Committee                       Public Relations Committee                       Finance and Administration Committee
12. Would you be interested in volunteering to teach a course for CCAL in the future? (A member of our Curriculum Committee will contact you for details.) What topic(s)?  
\_\_\_\_\_
13. Do you want to be on the list to receive notices of CCAL trips?  yes  no
14. When a current CCAL member recommends someone for CCAL membership and they join, the current member will receive a discount on membership dues for the following membership year.  
New Members: tell us who referred you to CCAL: \_\_\_\_\_

**MEMBERSHIP FEE IS DUE ONCE PER CALENDAR YEAR.**  
**WE MUST HAVE THIS COMPLETED FORM + PAYMENT FOR 2020 CALENDAR YEAR BEFORE WE CAN PLACE YOU IN ANY CLASSES.**

**Return this form with your check made payable to CCAL to:  
The Center for Continuing Adult Learning (CCAL), PO Box 546, Oneonta, NY 13820**

**Questions? Contact our Office (607) 441-7370 or ccaloneonta@stny.rr.com**  
**Office hours are Tuesdays, Wednesdays and Thursdays from 12:30 to 4:30 p.m. only**  
**Scholarships to waive the membership fee are available. Call the Office for an application.**

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**CCAL COURSE REQUEST FORM**  
**Winter/Spring 2020**

*~Please use blue or black ink~*

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City/Town/State \_\_\_\_\_ Zip Code \_\_\_\_\_ Phone \_\_\_\_\_

Would you like to be notified of our course enrollment by email? (yes) \_\_\_\_\_ (no) \_\_\_\_\_

Email address \_\_\_\_\_

**IMPORTANT TO KNOW:** All Course Request Forms will be held until the deadline date. Then class lists are created based on priority numbers, NOT by when the form is received.

*It is very important that you put your courses on the Course Request Form in your personal priority order:*

- On the deadline date, all members who have signed up for courses will be placed on the class rosters according to priority number, NOT by when their form is received. When course maximum is reached, all remaining requests will go on a waiting list in the order of their priority number.
- Any requests received after the deadline date will be added to class roster/waiting list as class size permits, up to the beginning date of any course.

**HELP NEEDED:** please put a √ in the extreme right-hand column if you are willing to volunteer to be the Class Assistant (take attendance, distribute/collect evaluation forms, etc.) for a particular course.

<u>WINTER COURSE REQUESTS</u> due November 15, 2019:	<u>DATE OF 1<sup>st</sup> CLASS:</u>	<u>Will you be CLASS ASST?</u>
1 <sup>st</sup> _____	_____	_____
2 <sup>nd</sup> _____	_____	_____
3 <sup>rd</sup> _____	_____	_____
4 <sup>th</sup> _____	_____	_____
5 <sup>th</sup> _____	_____	_____
6 <sup>th</sup> _____	_____	_____

<u>SPRING COURSE REQUESTS</u> due January 15, 2020:	<u>DATE OF 1<sup>st</sup> CLASS:</u>	<u>Will you be CLASS ASST?</u>
1 <sup>st</sup> _____	_____	_____
2 <sup>nd</sup> _____	_____	_____
3 <sup>rd</sup> _____	_____	_____
4 <sup>th</sup> _____	_____	_____
5 <sup>th</sup> _____	_____	_____
6 <sup>th</sup> _____	_____	_____

**We are unable to accept Registrations by telephone. Please submit this completed form by**

- **Mail:** CCAL, PO Box 546, Oneonta, NY 13820 or
- **Email:** ccaloneonta@stny.rr.com or
- **FAX:** (607) 436-9682

**Before your name can be placed on class rosters, we must have:**

1. A completed 2020 Membership Form                      and                      2. Payment for 2020 calendar year